

Name **Heikki Toivo Tapani Ellilä**

Nationality: EU, Finland

Date of birth: 150757

Place of birth: Merikarvia

Work status: Principal Lecturer, Turku University of Applied Sciences, Finland

Address Tammikallionpolku B6 20660 Littoinen, Finland
Tel +358-44-9705489

E-mail heikki.ellila(at)turkuamk.fi

Homepage www.turkuamk.fi / Ellilä Heikki

Heikki Ellilä is registered nurse (RN), special nurse in mental health/ psychiatric nursing (RMPN). He is a nurse teacher (NT), Master in Nursing Science (MN Sc.) Turku University Dep. of Nursing Science, and has done his PhD in Department of Child Psychiatry/Department of Nursing Science.

Ellilä has worked as a staff nurse all together 10 years and as nurse educator for 20 years. Today he works as principal lecturer in the department of Health Care and Well-Being in Turku University of Applied Sciences in post-graduated (MA) and under graduated (BA) programs. His main teaching areas are mental health and substance abuse nursing, research methodology and theses supervision.

He is one of the developers and teachers of first Master level program studies on Mental Health in Finland. Ellilä is also a clinical teacher in Turku University Hospital Psychiatric Clinic. Dr Ellilä is the founder member of Horatio- European Association for Psychiatric Nurses and a board member for seven years 2005-2012. He has been also the board member of the PSSN – Co-operation of psychiatric nurses in Nordic Countries, 2005-2013 and at this moment he is the chairing The Association: Development and Research of Mental Health Work in Finland.

Ellilä worked as an External Examiner in Mental Health Nursing Program in University Collage Cork, 2014-2018. He has also worked as a visiting lecturer in Dublin City University, Ireland and Utrecht University of Applied Sciences, Netherlands. A Grand carrying his name was grounded in 2017 in Finland.

Heikki Ellilä has published or been a member of publishing team of 28 peer-reviewed articles published in scientific international journals or books and more over published several articles in Finnish professional journals. He has as presented over 40 conference papers in nursing and medical conferences in the field of mental health nursing. Ellilä has worked /is still working as coordinator or expert in 12 national/international development projects.

In his private life Heikki is a grandfather of two girls and has a psychotherapist wife. Heikki likes fishing and theatre, ballgames and swimming as hobbies.

PROJECTS

Improving the situation of psychiatric patients by developing psychiatric nursing education in St Petersburg, Kaliningrad and Lithuania. Partners: Human right organization GIP, Global Initiative on Psychiatry, University of Vilna Department of Nursing Lithuania, Psychiatric Hospital n. 2 Kaliningrad Russia, Nursing association of St Petersburg, University of Iceland and Turku University of Applied Sciences, 2006-2007. (Funded by Nordic Council). Task: Educator and organizer.

Network to prepare a long-term co-operation between Scandinavian and Russian nursing educators and researchers (2010-2011). Partners: University of Iceland, Medical Academy of St Petersburg, Immanuel Kant State University Kaliningrad, Nursing associating of St Petersburg, Russia, Nursing association of Denmark and Turku University of Applied Sciences. (Funded by Nordic Council). Task: Educator and organizer.

“On the border of psychiatry and child welfare services” Research project in Turku, Raisio and Salo Cities child welfare services and psychiatric outpatient clinics. 2010-2012. (Funded by TEKES; the institute of technology in Finland). Task: Researcher and supervisor.

SUFACARE: Supporting Family Caregivers and Receivers in Finland and Estonia. (2010-2012) Partners: Arcada University of Applied Sciences, University of Tallinn and Turku University of Applied Sciences. (Funded by Central Baltic Programme). Task: Researcher and supervisor

WASI: Work Ability and Social Inclusion. Central Baltic INTERREG IV A Programme 2007-2013. Partners: Arcada University of Applied Sciences, Tallinn University of Technology and Riga Stradins University. (Funded by "European Regional Development Fund" -INVESTING IN YOUR FUTURE.) Task: Researcher.

RESME: On the Borders between Residential Child Care and Mental Health Treatment in Europe 1.10. 2012-3.1.3 2015. Turku University of Applied Sciences, (lead), University of Oviedo, Spain. Hamburg University of Applied, Sciences, Germany. Mykolas Romeriks University, Lithuania. VIA University of Applied Sciences, Denmark. University of Edinburgh, Scotland and Kibble Centre of Residential Care, Scotland. Task: Expert, educator and supervisor (Funded by Erasmus life-long learning program)

The Nordic-Russian Cooperation Programme in Nursing Education and Research. Partners: Mechnikov’s North-Western State’s medical University, Pavlov State Medical University, Turku University of Applied Sciences, Diakonissestiftelsens Sygeplejeskole, Copenhagen, St. Petersburg State University Russia, The University of Iceland, Novgorod State University Russia. May 2014 – December 2016. (Funded by Nordic Council). Task: Supervisor and facilitator.

eMenthe: Master’s Level Education in Mental Health Practice by Developing eLearning Materials Through European Co-operation. October 2013 – December 2016. Partners: Tampere University of Applied Sciences, Finland (lead), The Diaconia University of Applied Sciences Oulu Unit, Finland, Turku University of Applied Sciences, Finland. Hamstad University Sweden. The Utrecht University of Applied Sciences, Holland. University of Nottingham, UK. Trinity Collage Dublin, Ireland. (Funded by Erasmus Life Long Learning program). Task: Expert and Researcher.
<http://www.ementhe.eu/>

COMMUNE: Co-Produced Mental Health Nursing Education by Service Users and Nurse Academics. October 2016- October 2018. Participants University of Iceland (lead), Turku University of Applied Sciences, Finland, Utrecht University of Applied Sciences, Nederland, University of Hedmark, Norway, Dublin City University and University Collage Cork, Ireland, University of Canberra (Australia) (Funded by Erasmus: Strategic Partnership program) Task: Coordinator and researcher

<https://www.tuas.fi/en/research-and-development/projects/commune-co-produced-mental-health-nursing-educatio/>

MEGA PROJECT: Building capacity by implementing mental health CAP mobile intervention in SADC countries. October 2017- October 2021. Partners: Riga Technical University, Latvia, Hamburg University of Applied Sciences HAW, Germany University of Zambia, Zambia, University of Pretoria, South-Africa, University of Cape Town, South-Africa, Stellenbosch University, South-Africa, Lusaka Apex Medical University, Zambia, University of the Free State, South-Africa.(Funded by EU- Capacity building program) Task: Coordinator, expert and researcher <https://www.tuas.fi/en/research-and-development/projects/mega-building-capacity-implementing-mhgap-mobile-i/>

MOMENT PPROJECT: MONGOLIAN Mental health Nurse Training (MoMeNT): post graduate diploma curriculum development and implementation: Developing a new 18-month postgraduate diploma in mental health nursing education in Mongolia a project funded by the EU's Erasmus+ 'Building Capacity in Higher Education' programme. The Mongolian Mental Health Nurse Training (MoMeNT) project will involve Finland's Turku University of Applied Sciences and Utrecht University of Applied Sciences in the Netherlands, along with three Mongolian partners: the Mongolian National University of Medical Sciences, Enerel Medical Institute and Etugen University.

PUBLICATIONS

ORIGINAL ARTICLE

Happell B, Waks, S, Bocking J,3,4 Aine Horgan,5 Fionnuala Manning,5 Sonya Greaney,6 John Goodwin,5 Brett Scholz,7 Kornelis Jan van der Vaart,8 Jerry Allon,8 Arild Granerud,9 Elisabeth Hals,9 Rory Doody,10 Siobhan Russell,11 Martha Griffin,11 Liam MacGabhann,12 Mari Lahti,13,14 Heikki Ellilä,13,14 Jarmo Pulli,13,14 Annaliina Vatula,13,14 Chris Platania-Phung,1 Einar Bjornsson15 and Pall Biering International Journal of Mental Health Nursing (2019) __, __–__ doi: 10.1111/inm.12596

- 1) Happell, B, Horgan A, Manning F, Bocking J, Happell B, Lahti M, Doody R, Griffin M, Bradley SK, Russell S, Bjornsson E, O'Donovan M, MacGabhann L, Savage E, Pulli J, Goodwin J, van der Vaart KJ, O'Sullivan H, Dorrity C, **Ellilä H**, Allon J, Hals E, Sitvast J, Granerud A, Biering P. (2018). Nursing students' attitudes toward people with diagnosed with mental illness and mental health nursing: An international project from Europe and Australia. Issues in Mental Health Nursing - Decision on Manuscript ID UMHN-2018-0119.R1
- 2) Happell B, Horgan A, Manning F, Bocking J, Happell B, Lahti M, Doody R, Griffin M, Bradley SK, Russell S, Bjornsson E, O'Donovan M, MacGabhann L, Savage E, Pulli J, Goodwin J, van der Vaart KJ, O'Sullivan H, Dorrity C, **Ellilä H**, Allon J, Hals E, Sitvast J, Granerud A, Biering P. (2018). Nursing student attitudes to people labelled with 'mental

illness' and consumer participation: a survey-based analysis from the COMMUNE project submitted: Nurse Education Today.

- 3) Jormfeldt H, Doyle L, **Ellilä H**, Lahti M, Higgins A, Keogh B, Meade O, Stickley T, Sitvast J, Skärsäter I & Kilkku. From hampering dichotomy to holistic dedication: A critical review of the master's level mental health nurses' competencies needed to promote physical health – The eMenthe project. International Journal of Qualitative Studies in Health & Well-being. Submitted 1/2018.
- 4) Sitvast J, Doyle L, **Ellilä H**, Higgins A, Meade O, Jormfeldt H, Keogh B, Lahti M, Skärsäter I, Stickley T & Kilkku. Enacted narrative and recovery: a conceptual framework for mental health master's level nursing. International Journal of Qualitative Studies in Health & Well-being. Submitted 1/2017.
- 5) Lahti M, **Ellilä H**. Doyle L, Jormfeldt H, Higgins A, Keogh B, Meade O, Sitvast J, Skärsäter I, Stickley T, Kilkku N. 2017. Lifespan mental health promotion and prevention knowledge needed in master level mental health nursing education – eMenthe project. International Journal of Mental Health Promotion. Published online: 02 Feb 2018
- 6) Keogh B, Skärsäter I, Doyle L, **Ellilä H**, Jormfeldt H, Lahti M, Higgins A, Meade O, Sitvast J, Stickley T, Kilkku N. Needs. Issues in Mental Health Nursing. 2017 Oct; 38(10):822-828. doi: 10.1080/01612840.2017.1341587. Epub 2017 Jul 26.
- 7) Horgan A, Manning F, Bocking J, Happell B, Lahti M, Doody R, Griffin M, Bradley SK, Russell S, Bjornsson E, O'Donovan M, MacGabhann L, Savage E, Pulli J, Goodwin J, van der Vaart KJ, O'Sullivan H, Dorrity C, **Ellilä H**, Allon J, Hals E, Sitvast J, Granerud A, Biering P. (2018) 'To be treated as a human': Using co-production to explore experts by experience involvement in mental health nursing education - The COMMUNE project. International Journal of Mental Health Nursing. 2018 Jan 29. doi: 10.1111/inm.12435. [Epub ahead of print]
- 8) Doyle, L., **Ellilä, H.**, Jormfeldt, H., Lahti, M., Higgins, A., Keogh, B., Meade, O., Sitvast, J., Skärsäter, I., Stickely, T. & Kilkku, N. (2017). Preparing Masters level mental health nurses to work within a wellness paradigm: Findings from the eMenthe project. International Journal of Mental Health Nursing, <http://dx.doi.org/10.1111/inm.12370>
- 9) Kronström, K. Kuosmanen, L. **Ellilä, H.** Kaljonen, A & Sourander, A. (2017) National time trend changes in psychotropic medication of child and adolescent psychiatric inpatients across Finland. Child and Adolescent Mental Health 30 March 2017 <https://doi.org/10.1111/camh.12217>
- 10) Stickley T, Higgins A, Meade O, Sitvast J, Doyle L, **Ellilä H**, Jormfeldt H, Keogh B, Lahti M, Skärsäter I, Vuokila-Oikonen P, Kilkku N. (2015) From the rhetoric to the real: A critical review of how the concepts of recovery and social inclusion may inform mental health nurse advanced level curricula - The eMenthe project. Nurse Educ Today. 2015 Dec 2. pii: S0260-6917(15)00479-7. doi: 10.1016/j.nedt.2015.11.015. [Epub ahead of print] Review. PMID: 26687142

- 11) Kronström, K., **Ellilä, H.** Kuosmanen, L. & Sourander, A. (2015). Changes in child and adolescent psychiatric inpatient treatment: A nationwide time-trend study from Finland. Kronström K, Ellilä H, Kuosmanen L, Kaljonen A, Sourander A (2016). *Nordic Journal of Psychiatry* 70 (6): 436-441. doi: 10.3109/08039488.2016.1149617..
- 12) Lahti M. & **Ellilä H.** (2015). Collaboration among child protection and mental health care staff: A systematic literature review. Eds. Timonen-Kallio E, Pivoriene J, Smith M. & Fernandes del Valle On the borders between residential care and mental health treatment. Reports from Turku University of Applied Science 209. Turku. Finland. ISBN 978-216-558-9.
- 13) **Ellilä, H.**, Välimäki, M., Hätönen, H. & Kuosmanen L. (2011). Mental Health Services in Finland. In Nolan, P. & Brimblecombe, N. (eds.) *Mental Health Services in Europe – provision and practice*. Ratcliffe Publishing London.
- 14) **Ellilä H.** (2007). Child and adolescent psychiatric inpatient care in Finland. Doctoral Theses, Sarja-Ser.D Osa – Tom 758. Medica-Odontologica University of Turku: Annales Universitas Turkuensis. Painosalama 2007.
- 15) **Ellilä, H.**, Sourander, A., Välimäki, M., Warne, T. & Kaivosoja, M. (2007). Involuntary treatment of adolescent psychiatric inpatients. A nationwide survey from Finland. *Journal of Adolescence* Sep; 15(7):432-437).
- 16) **Ellilä, H.**, Välimäki, M., Warne, T. & Sourander, A. (2007). The ideology of Nursing Care in Child Psychiatric Inpatient treatment – A Content analysis of ward managers’ descriptions. *Nursing Ethics*. Sep; 14(5): 583-96.
- 17) **Ellilä H**, Sourander A, Piha J, & Välimäki M. (2004). Patient Characteristics and Psychosocial Treatments in Child and Adolescents Psychiatric Inpatient Psychiatry in Finland. *Psychiatria Fennica* 35, 116-130.
- 18) **Ellilä H** & Saarikoski M. (2004). Coercive Treatment is Challenge for Psychiatric Nursing in Europe. *The International Journal of Psychiatric Nursing Research*. 10(1): 1164-7
- 19) **Ellilä H**, Sourander A, Välimäki M & Piha J. (2004). Characteristics and Staff Resources of the Child and Adolescent Psychiatric Hospital Wards in Finland. *Journal of Psychiatric and Mental Health Nursing*.
- 20) Haavisto A, Sourander A, **Ellilä H**, Valimaki M, Santalahti P & Helenius H. (2003). Suicidal ideation and suicide attempts among child and adolescent psychiatric inpatients in Finland. *Journal of Affective Disorders*. 76(1-3): 211-221.
- 21) Sourander A, **Ellilä H**, Välimäki M & Aronen E.T. (2002). Psychopharmacological Treatment of Child and Adolescent Psychiatric In-Patients in Finland. *Journal of Child and Adolescent Psychopharmacology* 12(2): 147-155.

- 22) Sourander A. **Ellilä H.**, Välimäki M. & Piha J. 2002. Use of Holding, Restraints, Seclusion and Time-Out in Child and Adolescent Psychiatric Inpatient Treatment in Finland. *European Child and Adolescent Psychiatry*. 2002 11(4): 162-7.
- 23) **Ellilä H** & Saarikoski M. (2002). International teaching material for mental health students studying in English. *The International Journal of Psychiatric Nursing Research* 7(3): 871-3.
- 24) **Ellilä H.** & Saarikoski M. 1999. Mental Health Nursing in Finland. Net Link. The Quarterly newsletter of the The Network for Psychiatric Nursing Research. Oxford
- 25) **Ellilä H.**, & Lahti M. 2016. Undertaking mental health promotion and prevention programmes: How can nurses undertake wellness and mental health promotion programmes with their clients? Available: ementhe.eu. Learning materials.

Commune Interview: 23.9.2016 Hielten Jarmo Pulli und Heikki Ellilä während des 13. Dreiländerkongresses Pflege in der Psychiatrie in Bielefeld einen Hauptvortrag mit dem Titel: "Mental Health Service User as The Experts by Experience and Their role in Mental Health Nursing Teaching in Turku University of Applied Sciences - Past, Present and Future". Michael Löhr sprach nach dem Vortrag mit beiden Referenten über die Kernthesen ihres Vortrages.
<https://www.youtube.com/watch?v=noIhOuX4dAU&feature=youtu.be>

Ellilä H, Friis L, Kilkku N, Komppa-Valkama M, Kuosmanen L, Vuokila-Oikkonen P (2009) Puntarissa mielenterveyshoitotyön käytäntö, koulutus ja tutkimus Suomessa. *Sairaanhoitaja* 6-7; 24-27

Kilkku, N. & **Ellilä, H.** (2009) Horatio yhdistää eurooppalaisen mielenterveyshoitotyön. Euroopan tason yhteistyö antaa ammatilliseen toimintaan uusia tuulia ja yhteisöllisyyttä. *Sairaanhoitaja* 2, 30-31.

Ellilä H, 2007. Väitös: Lapsi -ja nuorisopsykiatrinen osastohoito Suomessa. Suomen sairaanhoitajalehti. 13.9.2007

Ellilä H, 2006 Kolumni: Tarvitaanko meitä? "Vieraskynä palsta" Suomen sairaanhoitajaliiton verkkosivut, mielenterveyshoitotyön verkosto.

Ellilä, H 2005 Pääkirjoitus: "Väkivaltaan ei saa tottua" Suomen sairaanhoitajalehti. 17.6 2005

Laurinkari J, Saarinen A, **Ellilä, H.** & Koivula P. 1999. Mahdollisuuksien piste. Turvalinkki ry:n mielenterveyskuntoutujien asumis- ja koulutusmallin arviointia. Julkaisu no. 1 Turvalinkki ry.

Eriksson J, **Ellilä H** & Välimäki M. 2001. Hoitajien kokemia ongelmia päivittäisessä hoitotyössä. *Hoitotiede* 1999-2000. Pro Nursing ry:n vuosikirja. Julkaisusarja A :13. Ajarprint Oy Turku.

Ellilä H, Välimäki M, Eriksson J & Löfgren M. 1998. Katsaus psykiatrasta hoitotyötä käsittelevään tutkimukseen Suomessa. *Hoitotiede* 1998, Pro Nursing ry:n vuosikirja. Julkaisusarja A:12 Ajarprint Oy Turku.

Ellilä H. 1989. Hoidollisen vuorovaikutuksen tulkinta. *Hoitotiede* 1989. Pro Nursing ry:n vuosikirja Julkaisusarja A:3 Kirjapaino Pika.Turku

Teaching material

Ellilä, H., & Saarikoski, M. 2000 Multimedia (CD) teaching package: Admissions in English and Psychiatric Care. Program for learning acute psychiatric care in English.

Conference presentations

Ellilä, H., Stenbock-Hult, B & Surakka, J. Sufacare : On the border of psychiatry and child welfare services – who cares ? 17th International conference NPRN 26-28.9 2012. Oxford UK.

Ellilä, H. Improving mental health services in collaboration with all the actors. Institute of Irish mental health nursing. Conference in The City Collage Dublin. 5-6.6 2011.

Makkonen P. Päivärinne M. Leino I. Anttila L. Wiirilinna U. **Ellilä, H.** FROM SPECIAL TREATMENT TO MENTAL HEALTH PROMOTION - Improving mental health services in collaboration with all the actors. Nordic Confrence of Mental Health Nursing 6-8.9 2010 Helsinki

Ruohomaa T, Vähätiitto V, **Ellilä H.** Intensive psychiatric home care in the City of Tampere Finland Nordic Confrence of Mental Health Nursing 6-8.9 2010 Helsinki

Ellilä H. Nurse as a psychotherapist – A register study from Finland. Horatio: European Conference of Psychiatric Nursing - Building Bridges. Prague, May 2010

Ellilä H. Psychosocial stress among foreing nursing students in Finland. 15th International conference NPRN 26-28.9 2010. Oxford UK.

Matthews A, Kirwan A, **Ellilä H.** 'Getting real': Reflections on the development and evaluation of postgraduate nursing research. Aishe (All Ireland for Higher Education) Conference: Valuing Complexity Celebrating Diverse Approaches to Teaching & Learning National University of Ireland, Maynooth 27-28.8.2009.

Ellilä H. The development of Child and Adolescent psychiatric inpatient care in Finland -compared with some other nations in Europe. Horatio: European Festival of Psychiatric Nursing the Age of Dialogue 5-9.11 2008 St George's bay, Malta. Scientific Programme.

Ellilä H., Sourander A, Välimäki M, Piha J. Coercive treatment in child and adolescent psychiatric inpatient care in Finland. 13th International conference NPRN 26-28.9 2007. Oxford UK.

Ellilä H. Mental Health Nursing in Southern Africa- thru the eyes of a Finn. Experiences from SA and from Kingdom of Swaziland. 12th International NPRN conference 28-30.9 2006. Oxford UK

Ellilä H., Sourander A, Välimäki M & Piha J. Patient characteristics and psychosocial treatments in child and adolescent inpatient psychiatry in Finland. The Nordic Conference of Psychiatry 2006 Tampere.

Ellilä H., Sourander M, Välimäki M. Involuntary treatment of child and adolescent psychiatric inpatients in Finland - A national-wide survey. 11th International NPRN conference 28-30.9 2005 Oxford UK

Ellilä H, Välimäki M, Sourander A & Piha J. Staffing patterns in child and adolescent psychiatric inpatients care. A national wide survey in Finland. Workgroup of European Nurse Researchers, 5-8 Oct 2004, Lissabon.

Ellilä H, Välimäki M & Sourander A. Nursing ideology and specific treatments in child and adolescent inpatient psychiatric settings in Finland. 9th international NPRN Conference 24-26.Sept 2003 Oxford UK.

Saarikoski M & **Ellilä H**. Digital learning material for mental health workers, students and service users. 8th International Nursing Informatics, 20-25 June 2003, Rio de Janeiro.

Ellilä H, Välimäki M & Sourander A. The structure and nursing methods of child and adolescent psychiatric in-patients units in Finland. Mental health nursing today. International Conference 15-16. May 2003, Tampere.

Saarikoski M & **Ellilä H**. Learning material for mental health care workers, users and professionals: Mental Health Nursing Today Conference 15-16 May 2003, Tampere.

Saarikoski M, Leino-Kilpi H & **Ellilä H**. Clinical teaching and supervision - A comparative study of the experiences of Finnish and English student nurses. Workgroup of European Nurse Researchers, 1- 4 Sept 2002, Geneva.

Ellilä H, Sourander A, Välimäki, M & Piha J. Caring ideologies of psychiatric child and adolescent in-patients units in Finland described by the ward managers. 1st International conference of Psychiatric trainees on Science, Ethics and Philosophy. 3-6. July 2002, Turku.

Ellilä H. Psychiatric care of child and adolescent in-patients in Finland. 7th International NPRN conference 26-28 Sept 2001, Oxford UK.

Ellilä H. Admissions to English and psychiatric care. 6th International NPRN conference 27-29.9 2000.

Ellilä H & Saarikoski M. International co-operation project to produce learning material for mental health teaching. 5th European Mental Health Nursing Conference 18-19. Feb. 2000 Manchester, UK.

Eriksson J, Välimäki M & **Ellilä H**. Problems in everyday Nursing. 19th Annual Nursing and Research Conference of the faculty of Nursing and Midwifery, Royal Collage of Surgeons in Ireland, Dublin. 23-25 Feb 2000.

Löfgren M, Eriksson J, Välimäki M & **Ellilä H**. Developing Psychiatric Nursing in Finland: Description of the Association of Psychiatric Nurses. 2000. 19th Annual Nursing Conference of the Faculty of Nursing and Midwifery, Royal Collage of Surgeons in Ireland, Dublin 23-25 Feb 2000.

Välimäki M, **Ellilä H**, Löfgren M & Eriksson J. Psychiatric-mental and health nursing education in Finland: A Curriculum Analysis of Finnish polytechnic / nursing collages. 5th European Mental health Nursing Conference 18-19 Feb. Manchester UK 2000.

Ellilä H, Välimäki M, Löfgren M., & Eriksson J., 1999. Nursing research in Finnish Mental Health Nursing. 4th European Mental Health Nursing Conference 19-21 Feb 1999 St.Helier, Jersey Channel Islands.

Ellilä, H. 1997. Nursing care of an acute psychotic patient – a case study- at a psychiatric clinic in Turku, Finland. 1997. 2nd European Mental Health Nursing Conference 23-25 Feb. 1997 Birmingham UK.

Posts in Scientific Journals

The International Journal of Psychiatric Nursing Research: Member of Editorial Board 2001 - 2007

Nursing Ethics: Peer reviewer 2006-2009

The International Journal of Psychiatric and Mental Health Nursing: Peer reviewer from 2009 -

Other professional tasks

International Nursing Conference "Good Nursing Care" 21–23. 8 1991 Turku, chair person

Finnish, Pro Nursing Association, Unit of Psychiatric Care, board member 1991–2000.

International *Nursing Times* Psychiatric Nursing Conference, 2001. Member of organising committee

Finnish Nursing Journal, member of editorial board 2004-2007

Finnish nursing association. Member of Mental Health Nursing Expert board 2005- 2012.

European Psychiatric Nurses; HORATIO. Member of board 2005- 2012

European Psychiatric Nurses; Horatio. Member of Scientific Advisor Panel 2006-

PSSN Psykiatriska sjuksöterskor sammanarbete in Norden. The association of psychiatric nurses in Nordic Countries. Member of the board 2006 - .