

Culture and Health Forum Programme

Address of the Venue: Linnankatu 60, Turku

Monday, September 29

09:00–10:00

Sigyn Restaurant & Lounge

Registration, Morning Coffee & Networking

Lunchtime tip: To speed up the lunch service, we recommend buying a lunch voucher (price 11 €) in advance at the registration.

10:00–10:30

Sigyn Hall



Taru Koivisto

Circus Performances by Turku Arts Academy Students:

Groovin' in the Air, Isabella Hännikkälä and Ella Laitinen
My Inner Circle, Jaska Isola

Welcoming Words:

Taru Koivisto, director, Ministry of Social Affairs and Health, Finland

Anna-Mari Rosenlöf, Senior Advisor, Turku UAS Arts Academy and Taikusydän Arts & Health Coordination Centre in Finland



Kristina Vahvaselkä

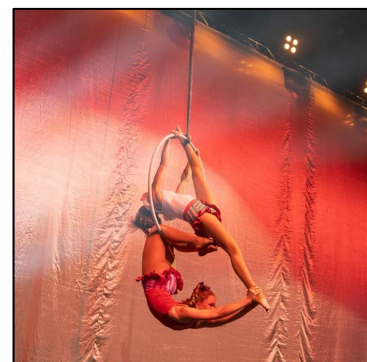
Host: Kristina Vahvaselkä, actor



Anna-Mari Rosenlöf



Jaska Isola



Isabella Hännikkälä & Ella Laitinen

10:30–11:15

Sigyn Hall



Christina Davies

Keynote:

Good Arts, Good Mental Health®

Prof. Christina Davies, Director of the Centre for Arts, Mental Health and Wellbeing, University of Western Australia

Join us for a keynote with Associate Professor Christina Davies, the research pioneer behind the award-winning [Good Arts, Good Mental Health® initiative](#) and media campaign. This world-first, population level, evidenced-based, health promotion campaign demonstrates how the arts can be a powerful tool for promoting community mental wellbeing.

This keynote will give you a deep dive into the research, community co-designed methods, and evaluation that made this campaign a success. Learn how the arts-mental health “dose” (two hours per week), and catchphrase, “You don’t have to be good at art, for the arts to be good for you,” helped shift public perceptions and increased community intentions to engage in the arts for better mental health. This isn’t just a story of success - it’s a blueprint for effective arts-mental health promotion that can be used in other countries and regions similar to Australia.

11.15–12.00

Sigyn Hall



Introduction to CultureAndHealth Platform

Led by Culture Action Europe, the [CultureAndHealth Platform](#) is a four-year transformative initiative designed to support over 200 European emerging artists working at the intersection of culture, health, care, education and social sectors. By providing grants, mobility and networking opportunities and visibility of their work, the initiative aims to highlight the vital role of culture in fostering health, well-being and social innovation across Europe. The Platform consists of 15 members across 13 countries and is co-funded by the European Union’s Creative Europe platform programme.

12:00–13:00

Lunch at Sigyn Restaurant (self-funded)

13:00–14:15

Sigyn Hall



OMC Group Meeting

Parallel Sessions I:

Bringing Culture and Health Policies Together: Sharing Insights from the EU Member States Culture and Health OMC-Report

Find out what is happening on the European level: EU Member States are preparing the Open Method of Coordination (OMC) report on Culture and Health, which aims to outline key recommendations for implementation on policy level around culture, health and wellbeing. Discover some good practices across the EU and explore the current thinking on how to bridge policymaking across the culture and health sectors.

Participants:

- Kornelia Kiss, Head of Culture and Health, Culture Action Europe
- Edith Wolf Perez, Founder & Chairwoman, Co-Founder of ARTS for HEALTH AUSTRIA, Co-Chair, EU Member States', "Culture and Health" Open Method of Coordination (OMC) Group
- Bruno Gallice, OMC Culture and Health delegate, Cultural and Territorial Action Advisor, DRAC Auvergne-Rhône-Alpes – French Ministry of Culture, France
- Broula Barnohro Oussi, Strategist, Region Stockholms Kompetenscentrum för kultur och hälsa, Sweden
- Laura Norppa, Senior Ministerial Adviser, Cultural Affairs, Ministry of Education and Culture, Finland.

13:00–14:15

Vulcan Hall



Riina Kalmi

Workshop A: Play and Creativity in Dance

Riina Kalmi, dance artist, Finland

Welcome to the workshop “Play and Creativity in Dance”, where playfulness and creative movement lead the way to joy and self-expression. In a safe and supportive space, we’ll explore creativity and play through the body. No previous experience is required—just bring your curiosity and an open mind. Kindly note that the workshop is held without shoes.

Selected artist by the CultureAndHealth Platform.

Maximum number of participants: 20

13:00–14:15

Studio Theatre



MusiCare-Team

Workshop B: Person-centered Music-making on Hospital Wards

MusiCare-Team: Stefan Heckel, Laura Bezold, Austria

Performing for an audience is a natural part of a musician’s profession. But what happens when the audience is just one person, seriously ill, vulnerable, or nearing the end of life?

Music on the ward brings live music directly to people in hospital beds. Musicians and music therapists invite patients to share images, landscapes, dreams, or moods, and respond with improvised or simple repertoire pieces. This creates a unique space—somewhere between a hospital room and a concert hall— where patients can momentarily reclaim a sense of autonomy and connection. In this workshop, the MusiCare-Team presents their approach and invites participants to step into the patient’s role, experiencing music that is created with and for them.

Selected artists by the CultureAndHealth Platform.

Maximum number of participants: 20

13:00–14:15

Rope Theatre



Paul Peinture

Showcasing Artist Practices A: (incl. three presentations)

Maximum number of participants: 90

Creating and Experiencing Art in an End-of-life Unit

Paul Peinture, painter, France

Paul Peinture is a painter whose artistic approach centers on meeting people and organizing artistic workshops at a certain stage in their lives. He works mainly in hospitals and care facilities but also visits schools for all ages. He describes himself as a discussion artist.

In his presentation, after introducing the diverse groups he works with, Paul focuses on what happens during his visits to the end-of-life unit for hospitalized people, their families and friends, and hospital staff.



Kuba Kapral. Photo: Wojciech Karlinski

Vanishing Dad. A Project Carried out with Prisoners

Kuba Kapral, Poland

“Vanishing Dad – A project carried out with prisoners” is a short broadcast about the project titled “Vanishing Dad”, run by the Puppet and Actor Theatre “Kubuś” in Kielce, Poland, in 2025. The project's main theme is the father-child relationship.

As part of the project, playwright Kuba Kapral led literary workshops at the Kielce prison for prisoners who are also fathers. During the sessions, participants wrote letters to their children. The results of the workshops became part of the theatre play “DAD”, which will premiere at Theatre “Kubuś” in November 2025.



Sanna Meska



Dance Ambassadors at work.

Dance Ambassadors®, Regional Dance Centre of Western Finland

Sanna Meska, managing director, Finland

The Dance Ambassador® activity is long-term art-based work in various communities, including nursing homes, service homes, disability units, schools, daycare centers and reception centers.

Dance Ambassadors® are professional dance artists specialized in art-based activities and applied dance, and they have extensive work experience in working with various special groups. The Dance Ambassador® is a creative well-being service developed by the Regional Dance Centre of Western Finland.

14:15–14:45

Sigyn Restaurant & Lounge

Coffee Break & Posters & Stands

14:45 – 16:00

Sigyn Hall



Zoosen Family, Artists: Young
Participants of the Visionaries Project.
Photo: Maru Hietala

Parallel Sessions II:

Panel Discussion: Youth Mental Health and the Arts

This panel explores the preventive potential of art in supporting young people's mental health, with a focus on interaction, community, and amplifying young voices. The session opens with youth-created artworks and reflections, inviting international perspectives on shared challenges such as loneliness.

The discussion brings together experts and practitioners from diverse fields, including youth work, mental health, and the arts. Each panelist offers unique insights into how creative practices can foster well-being and community among young people.

Participants:

- Christina Davies, Professor, Centre for Arts, Mental Health and Wellbeing WA, University of Western Australia
- Katy Geersten, Dance artist and Pedagogue, Arts for Health Austria
- Satu Haapalainen, Senior Lecturer, Pediatric nurse, Health and Well-being, Turku University of Applied Sciences
- Maru Hietala, Activist, Artworker, Children and Youth Foundation
- Elina Rantanen, Deputy Mayor of Turku for Children and Youth
- Moderator Anna Jussilainen, Senior Lecturer in Creative Well-being, Turku University of Applied Sciences.

14:45 – 16:00

Rope Theatre



Giovanni Bosco lafrate

Showcasing Artist Practices B: (incl. three presentations)

Maximum number of participants: 90

Hyde and Sick: Imagining New Walls in Psychiatric Care

Giovanni Bosco lafrate, visual artist, Italy

Hyde and Sick is a participatory mural project carried out in psychiatric wards and care centers in Bologna. Drawing on his personal experience as a former psychiatric patient, the artist serves as an intermediary between users and healthcare staff, guiding a creative process that brings imagination and color into institutional settings.

The murals are inspired by his pop-up book, "Flynn Battibaleno and the Circle of Water", a story conceived during a period of hospitalization that was later developed into a performance and visual narrative tool. Each intervention begins with a live storytelling session, inviting participants into Flynn's journey, before they collectively paint its symbolic worlds—lakes, mountains, and oceans—on the once-bare walls of the wards.

The presentation includes a journey into Flynn's world, visual documentation of the murals, insights into the creative process, and reflections on how beauty, play, and shared authorship can reshape psychiatric care spaces—turning them into places of relationship, memory, and hopes.

Selected artist by the CultureAndHealth Platform.



Marjo Smolander. Photo: Ville Lehtonen

Participatory Kantele Concert

Marjo Smolander, musician, music pedagogue (MA), Finland

Marjo Smolander will present her concept for a participatory concert, in which the concert experience is created together using 5-string kanteles and no prior knowledge of music or kantele playing is required.

Selected artist by the CultureAndHealth Platform.



Workshop, Community Cares

Community Cares

Ioana Țurcan, artist and cultural worker, Romania

The Community Cares project aims to create a space of artistic interaction for seniors from Caro Seniors' Home, their families, medical staff, artists, researchers and students from Faculty of Medical Assistance and Health Sciences, UMFH Cluj-Napoca, Romania. Through workshops in storytelling, sound art, readings, movement and performative practices, participants will discover new ways of self-expression and connection.

The project team brings together specialists in the fields of psychology, art, and non-formal education, creating an inclusive framework that combines medical care with emotional and artistic care. The project team member sare Ioana Elisabeta Hirișcău, Ioana Hogman, Mădălina Dan and Ioana Țurcan.

Selected artist by the CultureAndHealth Platform.

14:45 – 16:00

Vulcan Hall



Saaramaija Žórawski

Workshop C:

Songs from the Inside: Co-Creative Songwriting in Healthcare

Saaramaija Žórawski, music pedagogue (MA), musician, Finland

An experiential workshop based on a co-songwriting method for healthcare. Participants will engage in creative exercises adapted from sessions with young patients, reflecting on the potential of music-making in care and participatory arts contexts. The workshop is limited to 8 active participants, who will take part in hands-on co-creation. Other attendees are welcome to observe the process. No previous songwriting or musical experience is required – just openness to explore sound, words, and shared expression.

This workshop is based on “Ääneen Laulettu”, a method developed by SaaraMaija Žórawski that uses collaborative, arts-based approaches to create songs together. In autumn 2025, the method will be further developed into a workshop model, which will be piloted with adolescent cancer patients at the Cancer Center of Helsinki University Hospital (HUS). Kindly note that the workshop is held without shoes.

Selected artist by the CultureAndHealth Platform.

Maximum number of participants: 25

14:45 – 16:00

Studio Theatre



MusiCare-Team

Workshop D:

Person-centered Music-making on Hospital Wards

MusiCare-Team: Stefan Heckel, Laura Bezold, Austria

Performing for an audience is a natural part of a musician's profession. But what happens when the audience is just one person, seriously ill, vulnerable, or nearing the end of life?

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Selected artists by the CultureAndHealth Platform.

Maximum number of participants: 20

18:00 onward

Panimoravintola Koulu

Evening Programme

Dinner, mingle and live music provided by Turku Arts Academy at [Panimoravintola Koulu](#), Eerikinkatu 18.

Maximum number of participants: 140

Tuesday, September 30

Parallel Sessions III:

9.00–10.15

Rope Theatre



Research Presentations:

Session: Enacting Health through Theatre and Drama

- Riku Laakkonen & Jenny Paananen, Tampere University: “Empathy in Action: Drama Workshop as a Safe Place to Practice Challenging Encounters in Nursing Home”
- Eva Hallgren, Stockholm University: “Creating Together in Existential Fragility: Drama/Theatre Participation in Early Psychosis Care”
- Jenny Wiik, Novia University of Applied Sciences & Tove Hagström, Yttra Tove Hagström: “The Song of the Tree – From Play to Activating Classroom Workshop for Teenagers”

The research presentations are provided by the [Nordic Arts and Health Research Network](#) (NAHRN) members. NAHRN is a forum launched in 2019 for exchange and collaboration of arts & health researchers within the Nordic area.

Maximum number of participants: 90

9.00–10.15

Sigyn Hall



Boštjan Simon

Showcasing Artist Practices C: (incl. three presentations)

Sound Hug – Creating a Musical Artwork Tailored for Tinnitus Patients, Boštjan Simon, musician, Slovenia

The project “Sound Hug” presents an innovative approach to tinnitus management through music and sounds. The focus is on live-performed tailored sound baths which include sound maskers. The most suitable frequencies for the sound masker, which is crucial for effective tinnitus symptom relief, are chosen with the guidance of an ENT specialist. Live sessions in group settings provide social support and interactivity, while recordings ensure accessibility for home use.

Selected artist by the CultureAndHealth Platform.



Melinda Šefčić

Healing Walls: Art as Therapy in Institutional Spaces

Melinda Šefčić, Ph.D., Visual Artist and Researcher, Assistant Professor (external), Academy of Fine Arts, University of Zagreb, Croatia

Over the past decade, Dr. Melinda Šefčić has led more than 40 participatory art projects in Croatian hospitals and prisons, focusing on rehumanization and positive distraction through visual art. Her presentation will highlight successful interdisciplinary practices, mural-based interventions, and research findings that demonstrate the psychosocial benefits of artistic engagement in institutional settings. As a pioneer in this field in Croatia and within the broader EU context, Šefčić will share key insights into how art can contribute to well-being, stress reduction, and systemic change in healthcare and correctional environments.



Veronica Lista

Spectators of Well-being: From Observation to Participation through Performance

Veronica Lista, theatrical educator, Italy

Spectators of Well-being is a project that unites art and health, designed for adolescents and young adults facing vulnerabilities like isolation, psychological distress, and eating disorders. Developed in collaboration with a specialized clinical unit and a theater production center, the initiative blends performing arts and therapeutic care in a hybrid format of performance and workshop, which is also replicable in different contexts of vulnerability, from healthcare to schools.

During the presentation, Veronica Lista will share project reflections on the connection between neuroscience and the influence of the virtual world on the fragile identity of young people, on the potential of invisible theater, and on the possibility of thinking of art as a sport. It will be a space to talk not only about the strengths but also the difficulties encountered along the way, transforming them into concrete insights and practical tools for anyone who wishes to develop it elsewhere.

The session will conclude with a brief workshop experience, inviting participants to explore the dual dimension of "spectators" and "protagonists" through simple breaths that intertwine with the rhythm of nature.

Selected artist by the CultureAndHealth Platform.

09:00–10:15

Studio Theatre



Lisa Partby

Workshop E:

“Expressing One’s True Self through Text, Film and Voice.” Co-creative Artistic Documentary Film with and for Children with Serious Medical Conditions

Lisa Partby, documentary filmmaker and pedagogue, Sweden

A presentation of the project "Seen for Who I Am", including selected film clips and a participatory workshop in writing, filmmaking, and performance. Participants will gain insight into the creative process and have the opportunity to engage hands-on through a short exercise in storytelling, camera work, and performance.

"Seen for Who I Am" is a co-creative artistic documentary film project made by and for children living with serious medical conditions. Through participatory filmmaking, we create space for the children’s own voices and perspectives to be seen and heard. The films are the result of a collaborative process.

The workshop is supported by [Kompetenscentrum för kultur och hälsa](#), Region Stockholm, Sweden.

Maximum number of participants: 35

09:00–10:15

Sigyn Cafe Balcony

Workshop F:

Cut, Fold, Mad!: DIY Zines Making Workshop

Shambhavi Singh, University of Helsinki

This hands-on creative workshop explores the potential of zines as a creative and critical medium for engaging with and expressing lived experiences of mental distress.

We will begin with a brief historical overview of zine-making as a grassroots and activist publishing practice, particularly within feminist, queer, and Mad Pride movements. From there, participants will create their own zines about (but not limited to) madness exploring the question of how society makes us mad and how mental health might be understood as a collective social concern rather than an individual issue?

Through hands-on making, cutting, pasting, drawing, writing, participants will reflect on personal and social experiences, challenging dominant narratives around mental health. By the end of the workshop, we will create small zines publications. The session will conclude with a zine exchange and group discussion, creating a space for mutual engagement and dialogue.

What are Zines?

A zine is a self-made, booklet-style artwork that you can create, share, swap, or sell at the cost of printing. Zines are a fantastic way to share information, art, writing, and anything else you can fit on paper! They offer a dynamic and engaging format that's both accessible and hands-on. The beauty of zines lies in their simplicity— all you need is paper, pen and any other easily available materials to express your point of view!

Maximum number of participants: 20

09:00–10:15

Vulcan Hall



Maria Gundolf

Workshop G: Humour in Healthcare

Maria Gundolf, RED NOSES Germany

Humour is more than nice to have; it is a deeply rooted human communication form with the capacity to ease caregivers' everyday life. In the workshop we explore together:

- What it means to choose humour consciously?
- What is essential to make social humour happen?
- Which changes are possible due to the humorous choice?

This is not a clowning workshop, but we are inspired by the driving force and principles of clowning: non-judgmental openness, mindful curiosity, physicality, and unconditional appreciation. Kindly note that the workshop is held without shoes.

Maximum number of participants: 25

10:15–10:45

Coffee Break & Posters & Stands

Sigyn Restaurant & Lounge

Parallel Sessions IV:

10.45–12.00

Sigyn Hall



Sofia Elena Sacchini

Research Presentations:

Session: Links between Creativity and Wellbeing

- Viktorija Bogdanova & Inkeri Aula & Masood Masoodian, Aalto University: “The creative journey as a transformative process affecting well-being”
- Sofia Elena Sacchini, Associazione Oltre... APS, Italy: Beyond Participation: Activism, Prevention, and the Right to Collective Well-being
- Ivana Slipakoff, Culture en Vena, Integrating the Arts into Public Health

The first research presentation is provided by the [Nordic Arts and Health Research Network](#) (NAHRN) members. NAHRN is a forum launched in 2019 for exchange and collaboration of arts & health researchers within the Nordic area.

The second presentation explores how reclaiming and activating free and public spaces through community-based activism and cultural participation can foster connection, support collective well-being, and contribute to mental health prevention drawing on local experiences and research by Associazione Oltre...APS in Bologna, Italy.

10.45–12.00

Rope Theatre

European Collaboration

- AWAKE: Arts & Wellbeing as a Creative Business and Future Livelihood, Dace Resele, Acting Head of the NDPC Secretariat, Latvia



•CARE: Culture for Mental Health, Claudia Cacovean, Project Manager, Cluj Cultural Centre, Romania

•Arts on Prescription in the Baltic Sea Region, Liisa Laitinen, Advisor, Arts & Health, Turku University of Applied Sciences, Finland

This session highlights European arts and health collaboration through innovative projects:

- [AWAKE](#) explores the intersection of arts and wellbeing from the perspective of creative business and future livelihood.
- [CARE](#) leverages arts and cultural experiences to support the mental health and wellbeing of youth, working people, and individuals with disabilities.
- [Arts on Prescription in the Baltic Sea Region](#) helps public authorities and cultural and health institutions engage people with mental health challenges in social, non-therapeutic art activities to enhance wellbeing.

Maximum number of participants: 90

10.45–12.00

Vulcan Hall



Nina Rantala

Workshop H: Art in Sensory Rooms as Part of Psychiatric Care: Introducing a Collaborative Journey of Artists, Experts by Experience and the Hospital Clinical Staff in an Artist-led Project at TYKS Compass Hospital

Nina Rantala, visual artist engaging interactive and communal processes, Finland

The workshop explores the prerequisites for creating art for sensory rooms, and how to involve experts by experience and healthcare professionals in the artist's independent creative process within a large healthcare organization. Participants will simulate the process by testing the artworks, and feedback from those involved in the project will be shared. Kindly note that the workshop is held without shoes.

Maximum number of participants: 20

12:00–13:00

Lunch at Sigyn Restaurant (self-funded)

Parallel Sessions V:

13:00–14:15

Sigyn Hall



Kai Lehtikainen

Research Presentations:

Session: Arts and Mental Health in Community Practices

- Marit Stranden, Norwegian Resource Center for Arts & Health: “In Motion – developing a guide that uses dance artists’ embodied experience to make movements accessible and safe”
- Keld Stehr Nielsen, National Centre for Arts & Mental Health – Denmark: “What can the grey literature tell us about the relation between art and mental health – and how to extract it”
- Kai Lehtikainen, Research Institute, University of the Arts Helsinki, Finland: “Socially Engaged Art as a Subject of Study”

The first two research presentations are provided by the [Nordic Arts and Health Research Network](#) (NAHRN) members. NAHRN is a forum launched in 2019 for exchange and collaboration of arts & health researchers within the Nordic area. The third presentation by Kai Lehtikainen is based on his new book [“Creativity, Society, and the Role of Socially Engaged Art in Higher Arts Education”](#) (Routledge, 2025)."

13:00–14:15

Rope Theatre



Workshop, The Needs of NEETs

Showcasing Artist Practices D: (incl. three presentations) Maximum number of participants: 90

THE NEEDS OF NEETS – Collaborative Working Beyond the “Safe Space”

Darrel Toulon, prime investigator & artistic director & Jonatan Salgado Romero, videographer, filmmaker, Austria

“The Needs of NEETs” is a participatory docu-dance-theater project for young people in the so-called NEET status (Not in Education, Employment, or Training), that particularly addresses NEETs with a migration background. It explores how their issues, such as ‘unspoken’ and ‘invisible’ social barriers can be communicated through creative art and performance.

This presentation covers key aspects of the design and implementation of the pilot-workshop, held in May 2025. It offers insights into the collaboration of Darrel Toulon and Jonatan Salgado Romero. They will share how they adapt Trauma-Informed Frameworks to ensure that participants do not get lost or stuck in a place of helpless re-traumatization, while re-counting past experiences, or re-visiting parts of their life-stories, in the search for source material for use in the artistic transformation processes.

Selected artist by the CultureAndHealth Platform.



Roosa Halme

Block Theatre – About the Universal Language of Wooden Blocks

Roosa Halme, puppet theatre artist, Finland

Block theatre is a form of visual theatre and a method that centers on the Human-Shaped Reconstruction Kit, carved out of different types of wood. Block theatre is interactive puppetry, a form of inclusive artistic work that focuses on encountering the participant, and on the stories and dialogue the participant can experience and create through puppetry.

Wooden blocks invite you into a stream of associations. An empty block is full of endless possibilities. A block is both a finished form and an unfinished piece that grows as imagination creates new meanings for it. The experience of building with blocks can evoke thoughts, memories, and emotions that can lead to new realizations and conversations.



Lida Kuusisto

Meeting People with Circus on Your Eyes,

Lida Kuusisto, circus artist, Finland

Do you have a circus attitude, or do you need more sparkle in your everyday life? Lida Kuusisto's Sensory Circus project produces information on using circus to support well-being of neurodivergent persons. Lida loves to inspire, encourage and make things possible. The presentation has a functional part.

Selected artist by the CultureAndHealth Platform.

13.00–14.15

Studio Theatre



Katriina Nylund and Pilvi Kuitu

Workshop I: TOSI-labra – An Arts-Based Method for Supporting Youth Wellbeing and Agency

Pilvi Kuitu, doctoral researcher, Tampere Uni & Special Advisor, Cultural Centre PiiPoo and Katriina Nylund, art educator, Cultural Centre PiiPoo, Finland

TOSI-labra is a workshop model that uses expressive arts and art therapy methods to support young people's holistic wellbeing, self-reflection, and sense of agency. It is designed especially for youth facing challenges in education or employment, often due to mental health issues or difficulties with coping and motivation. During the process, participants articulate their skills, aspirations, and future perspectives. The arts-based approach lowers the threshold for participation and helps in creating a safe, inclusive space.

Developed in the project "Art, Inclusion and Social Innovation" (ESF, 2021–23), TOSI-labra was co-created with the Finnish Institute for Health and Welfare (THL), the City of Tampere's Ohjaamo youth guidance center, Cultural Centre PiiPoo, and young participants.

This session includes a 60-minute experiential workshop and a 15-minute presentation of evaluation, including THL's Experiences of Social Inclusion Scale (ESIS) and the Positive Documentation Approach, which highlight participants' insights and strengths.

Maximum number of participants: 20

14:15–14:45

Sigyn Restaurant & Lounge

Coffee Break & Posters & Stands

14:45–16:00

Sigyn Hall

Circus Performances by Turku Arts Academy Students:

Silky Smooth, Viktoriia Adamova
United, Isabella Hännikkälä, Ella Laitinen, Jaska Isola and
Viktoriia Adamova



Natalie Giorgadze



Viktoriia Adamova



Group Performance

Reflective Panel Discussion & Closing

Join us for the culminating session of our Culture and Health Forum as distinguished experts reflect on the insights of the two days of the Culture and Health Forum. Speakers will connect the dots across research, policy, education and practice – also reflecting on how culture and health fits into the overall geopolitical situation of today.

Moderator: Natalie Giorgadze, General Director, Culture Action Europe

Participants:

- Anna Formosa, Applied Drama Practitioner, Malta
- Pirita Juppi, PhD, Principal Lecturer, Leader of Degree Programmes in Culture and Arts, Turku UAS' Arts Academy
- Kai Lehtikainen, University Researcher, Research Institute, University of the Arts Helsinki



Anna Formosa



Pirita Juppi



Kai Lehtikainen