

## INTERNATIONAL SEMESTER

Academic year 2026-2027

# School of Social Services

Please note:

Most courses take place on the Salo IoT campus (a 30.minute train ride from Turku Kupittaa station).

This is a preliminary course list, some changes may occur.

## Autumn semester 2026 (21st August - 18th December) \*

\*Dates are published at [Turku UAS Semester Dates](#). Please note that you need to attend the whole semester in order to complete all courses.

Course name	Campus	ECTS	Course code
<b>Professional Interaction and Ethics</b> <ul style="list-style-type: none"><li>• you are familiar with the values and professional ethics guiding social services, and you are able to follow them in interactive situations</li><li>• you are familiar with the basic concepts of professional interaction</li><li>• you know how to plan and evaluate your interaction in different situations</li><li>• you are familiar with different views of human beings and understand the significance of these views and values in client work</li><li>• you are familiar with key legislation concerning client work in social services</li></ul>	Salu	5	TH00CA39-3026
<b>Well-being in a Changing Society</b> <ul style="list-style-type: none"><li>• changes in welfare society and the welfare state</li><li>• welfare theories, measuring well-being, perceived well-being, quality of life</li><li>• social problems, social deprivation and marginalization</li><li>• you understand aspects of citizens' well-being and social problems</li><li>• you are familiar with societal and global challenges to well-being</li></ul>	Salu	5	TH00CA37-3028

<ul style="list-style-type: none"> <li>• you are able to examine sustainability from different perspectives (ecological, economic, social and cultural)</li> <li>• you are familiar with the history, functioning and tasks of welfare society and the welfare state</li> </ul>			
<b>Lifespan and Education</b> <ul style="list-style-type: none"> <li>• the biological, psychological and social development of human beings</li> <li>• the developmental tasks and challenges of different life phases: childhood, youth, adulthood and old age</li> <li>• the psychosocial basis of education and supporting individuals' growth and socialisation process</li> <li>• early interaction and parent-infant bonding</li> <li>• the ethical dimension of education</li> </ul>	Salo	5	TH00CA36-3027
<b>Information Technology, Information Search and the Basics of Research</b> <ul style="list-style-type: none"> <li>• information technology: introduction to information and communication technologies, usernames and passwords, internet, email, files and online learning environments, word processing and spreadsheets</li> <li>• information search: introduction to Turku University of Applied Sciences' library and information services</li> <li>• research orientation: research and development areas in social services, theoretical framework, reporting, research interview, use of references</li> </ul>	Salo	5	TH00CA32-3027
<b>Nature- and Environment-Based Methods</b> <ul style="list-style-type: none"> <li>• the health and welfare effects of nature</li> <li>• the operating environments of nature- and environment-based activities</li> <li>• different nature- and environment-based activities, mindfulness skills in relation to nature</li> <li>• activities in a natural environment, experiences and adventures in various environments</li> <li>• taking care of nature as a therapeutic activity</li> </ul>	Turku	5	TH00CA54-3004
<b>First-Line Management and Work Community Skills</b> <ul style="list-style-type: none"> <li>• contemporary management and organisational theories</li> <li>• first-line management of welfare services and its characteristics</li> <li>• legislation concerning first-line management</li> <li>• work community management in practice</li> <li>• work community skills that promote the well-being of the community</li> <li>• workplace communications as a whole and its different areas, communication culture, management communications and communication strategies</li> </ul>	Salo	5	TH00CA45-3020

<b>Promotion of Social Inclusion in Child Protection and Mental Health and Substance Abuse Social Work</b> <ul style="list-style-type: none"> <li>• mental health problems and services</li> <li>• addictions and service systems</li> <li>• child protection system</li> </ul>	Salo	5	TH00CA44-3021
<b>Promotion of Social Inclusion and Community-Based Work</b> <ul style="list-style-type: none"> <li>- you understand the concepts of social inclusion and community, and the important role they play in people's well-being</li> <li>- you know how to promote a sense of community and the inclusion of individuals and groups through different methods</li> <li>- you are able to view individuals as part of their social network and living environment and use the resources of the network for the benefit of the client</li> <li>- you know how to perform advocacy in collaboration with residents and clients</li> <li>- you are familiar with municipalities' and organisations' activities to promote health and well-being and to prevent problems related to them, and you know how to use these services</li> </ul>	Salo	5	TH00CA42-3020
<b>Practical Training</b> Max. 3 training places available for exchange students. For exchange students working hours 200 h / 10 ECTS. Supervised practical learning in an organization (kindergarten, school, child home, elderly services, refugee centre etc.) Student gets familiar with Finnish early years education / social services in practice. Starts when agreed (can be full time 35 h / week during 7 weeks or 2-3 days/ week during 12 weeks). Please be prepared to fill in a health requirement document and show a criminal records extract in English before the training. <b>Strong English language skills are a requirement.</b>	Turku	10	n.a.
<b>COURSES SUITABLE FOR ALL EXCHANGE STUDENTS</b>			
<b>Finnish for exchange students</b> Beginners' course in the Finnish language.	Turku	3	1000474
<b>Multicultural and international competences</b>	Turku	5	YH00CZ01

This course will increase the students' awareness of the increasingly diverse higher education; provide the students with abilities to operate in international working environments; and to boost the sense of belonging of students and their attachment to a multicultural higher education community.			
---	--	--	--