

INTERNATIONAL SEMESTER

Academic year 2026-2027

School of Social Services

Please note:

Some of the courses take place on the Salo IoT campus (a 30-min train ride from Turku Kupittaa station). This is a preliminary course list, some changes may occur.

Autumn semester 2026 (21st August - 18th December) *

*Dates are published at [Turku UAS Semester Dates](#). Please note that you need to attend the whole semester in order to complete all courses.

Course name	Campus	ECTS	Course code
Professional Interaction and Ethics <ul style="list-style-type: none">• you are familiar with the values and professional ethics guiding social services, and you are able to follow them in interactive situations• you are familiar with the basic concepts of professional interaction• you know how to plan and evaluate your interaction in different situations• you are familiar with different views of human beings and understand the significance of these views and values in client work• you are familiar with key legislation concerning client work in social services	Turku	5	TH00CA39-3026
Well-being in a Changing Society <ul style="list-style-type: none">• changes in welfare society and the welfare state• welfare theories, measuring well-being, perceived well-being, quality of life• social problems, social deprivation and marginalization• you understand aspects of citizens' well-being and social problems• you are familiar with societal and global challenges to well-being	Turku	5	TH00CA37-3028

<ul style="list-style-type: none"> • you are able to examine sustainability from different perspectives (ecological, economic, social and cultural) • you are familiar with the history, functioning and tasks of welfare society and the welfare state 			
<p>Lifespan and Education</p> <ul style="list-style-type: none"> • the biological, psychological and social development of human beings • the developmental tasks and challenges of different life phases: childhood, youth, adulthood and old age • the psychosocial basis of education and supporting individuals' growth and socialisation process • early interaction and parent-infant bonding • the ethical dimension of education 	Turku	5	TH00CA36-3027
<p>Information Technology, Information Search and the Basics of Research</p> <ul style="list-style-type: none"> • information technology: introduction to information and communication technologies, usernames and passwords, internet, email, files and online learning environments, word processing and spreadsheets • information search: introduction to Turku University of Applied Sciences' library and information services • research orientation: research and development areas in social services, theoretical framework, reporting, research interview, use of references 	Turku	5	TH00CA32-3027
<p>Nature- and Environment-Based Methods</p> <ul style="list-style-type: none"> • the health and welfare effects of nature • the operating environments of nature- and environment-based activities • different nature- and environment-based activities, mindfulness skills in relation to nature • activities in a natural environment, experiences and adventures in various environments • taking care of nature as a therapeutic activity 	Turku	5	TH00CA54-3004
<p>First-Line Management and Work Community Skills</p> <ul style="list-style-type: none"> • contemporary management and organisational theories • first-line management of welfare services and its characteristics • legislation concerning first-line management • work community management in practice • work community skills that promote the well-being of the community • workplace communications as a whole and its different areas, communication culture, management communications and communication strategies 	Salu	5	TH00CA45-3020

Promotion of Social Inclusion in Child Protection and Mental Health and Substance Abuse Social Work <ul style="list-style-type: none"> • mental health problems and services • addictions and service systems • child protection system 	Salo	5	TH00CA44-3021
Promotion of Social Inclusion and Community-Based Work <ul style="list-style-type: none"> - you understand the concepts of social inclusion and community, and the important role they play in people's well-being - you know how to promote a sense of community and the inclusion of individuals and groups through different methods - you are able to view individuals as part of their social network and living environment and use the resources of the network for the benefit of the client - you know how to perform advocacy in collaboration with residents and clients - you are familiar with municipalities' and organisations' activities to promote health and well-being and to prevent problems related to them, and you know how to use these services 	Salo	5	TH00CA42-3020
Practical Training Max. 3 training places available for exchange students. For exchange students working hours 200 h / 10 ECTS. Supervised practical learning in an organization (kindergarten, school, child home, elderly services, refugee centre etc.) Student gets familiar with Finnish early years education / social services in practice. Starts when agreed (can be full time 35 h / week during 7 weeks or 2-3 days/ week during 12 weeks). Please be prepared to fill in a health requirement document and show a criminal records extract in English before the training. Strong English language skills are a requirement.	Turku	10	n.a.
COURSES SUITABLE FOR ALL EXCHANGE STUDENTS			
Finnish for exchange students Beginners' course in the Finnish language.	Turku	3	1000474
Multicultural and international competences	Turku	5	YH00CZ01

<p>This course will increase the students' awareness of the increasingly diverse higher education; provide the students with abilities to operate in international working environments; and to boost the sense of belonging of students and their attachment to a multicultural higher education community.</p>			
--	--	--	--